

What does Birth Arts Offer that is so special?

We like to think that Birth Arts is offering students didactic, experiential, and diverse educational experience. We offer students an opportunity to experience education in a deeply personalized and specialized manner. Our educational approach is unique in the doula world and we want to share this with you. When receiving an education from Birth Arts expect to be challenged heart, mind and spirit. We work with students exploring issues that affect birth, affect, education and practice style and hope to train doulas who are comfortable with their role in the doula world.

How does Birth Arts compare to other organizations?

	BIRTH ARTS	CBI	ALACE	Birthing From Within	BirthWorks	DONA	GBI	ICEA
Total Cost	\$350-450.00	\$350	\$425	\$325	\$770	\$430	\$400	\$255+
Workshop Required?	No, but is offered in both options	No	Yes, 3 days	Yes, 3 days	Yes	Yes, 16 hours	Yes	Yes
Number of births required	5	2	6	10	2	3	3	3
Time limit?	Open	3 years	None	2 years	12 months	2 years	2 years	1 year
Exam?	Yes	Yes	Yes	No	No	No	Yes	No
Assignments Required?	Yes We require more work than most programs, additionally we work and mentor students in a way that is unique to Birth Arts.	Yes, 1 essay	Yes	Yes	Yes, Journal	Yes, 1 essay	Yes, 2 essays	Not Known
Full Distance learning option?	Yes	Yes	No	No	No	No	No	No
Number of books required to read	10 We also give credit for prior readings.	3	6	2	4	5	4	8
Training Materials?	Yes	Yes Program text	Yes, program manual	Unknown	Yes, guidebook	Not known	Not Known	Yes
Observe	Yes	Yes,	Yes,	No	No	Yes,	Yes,	Yes,

Childbirth classes?		1 class	1 series			1 series	1 series	1 series
Discussion List for Students	Yes	Yes	Yes	Yes	Unknown	Yes	Unknown	Unknown
Continuing Education available?	Yes	Yes	No	Yes	No	Yes	No	Unknown
Other Requirements	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
List your services on their website?	Yes, students also receive listing resources	Yes	Yes	Yes	Yes	Yes	No	Yes
Credit for prior education	Yes	Yes	Not Known	Not Known	Not known	No	Yes	No
Recertification required?	No, we do expect our students to continually expand their educational horizons.	Yes, every 3 years	Yes, 8 CEU's per year & 1 birth	Not Known	Yes, 1 birth per year	Yes, every 3 years	Yes, 5 CEU's & a written research paper per year	Yes, every 4 years
Student Support	Yes- Online group, email, phone	Yes	Yes, telephone	Unknown	Yes, telephone	Yes	Yes	Yes

Why does Birth Arts require more work?

We know our students can do it. We know that our students want to learn and go through a complete course of training that challenges them intellectually and emotionally.

We also believe that becoming a doula is not dependent on how fast you can get certified and how easy it is to complete the requirements.

Our program wants you to be prepared for being a doula on all fronts. We require additional work, because being a doula is a continual education process. We ask students to prepare materials that many doulas have in their practice, like handouts, recipes, and community resource list.