

Birth Arts International



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URL: [birtharts.com](http://birtharts.com)

**Reading List**

**Required Texts for course**

\*\*Roirdan and Auerbach, *Breastfeeding and Human Lactation*, 3<sup>rd</sup> Ed. 2005, Jones and Bartlett Publishers, Sudbury,

\*\*La Leche League International, *The Breastfeeding Answer Book*, 3rd Ed 2003, Schaumburg, IL. (847) 519-7730

**Choose 3 to read and write a 2-5 page report on.**

The Ultimate Breastfeeding Book of Answers (Dr. Jack Newman & Teresa Pitman)

Babies, Breastfeeding, & Bonding (Ina May Gaskin)

Breastfeeding Made Simple: Seven Natural Laws for Nursing Mothers (Nancy Mohrbacher & Kathleen Kendall-Tackett)

Coach's Notebook: Games & Strategies for Lactation Education (Linda Smith)

The Breastfeeding Atlas, Second Edition (Barbara Wilson-Clay & Kay Hoover)

Medications & Mother's Milk (Thomas Hale, R.Ph. Ph.D.) (most recent version)

The Womanly Art of Breastfeeding (La Leche League International)

The Breastfeeding Book (Sears & Sears)

Defining Your Own Success: Breastfeeding After Breast Reduction Surgery (Diana West)

Birth & Breastfeeding (Michel Odent)

Breastfeeding the Adopted Baby (Debra Peterson)

Mothering Multiples: Breastfeeding and Caring for Twins and More by Gromada, 2007 edition

The Premature Baby Book (Dr. Sears)

Mothering Your Nursing Toddler (Norma Bumgarner)

The Nursing Mother's Guide to Weaning (Kathleen Huggins & Linda Ziedrich)

Supporting Sucking Skills in Breastfeeding Infants (Catherine Genna Watson)